

**Build
Your
Future**
in a place that
feels like home.



HEALTH CAREERS 
MANITOBA.CA 
Live Here. Work Here. Grow Here.

healthcareersmanitoba.ca/international

Manitoba 

Message from Shared Health

Hello! Bonjour!

My name is Monika Warren. I am a registered nurse and the Chief Nursing Officer for Shared Health, Manitoba's Provincial Health Authority. I'm excited to have the opportunity to tell you a little bit about living and working in Manitoba, Canada!

I was drawn to health care from a young age. Growing up, I looked up to the nurses in my family as people who were making an incredible difference in our community and I've never regretted following in their footsteps.

The contributions of health-care workers are important and valued by Canadians. Whether working as a physician, nurse, paramedic, or any other health care professional, your contributions will be highly respected by Canadians.

In Manitoba, you will be welcomed by your new coworkers and teams and your work environment will be supportive.

I work in a nursing leadership role, but my connection to the important work of health care providers working at the bedside across Manitoba is very strong.

I hear incredible stories of caring and compassion and I'm so proud of the dedication and commitment of staff despite all the challenges they have faced during the pandemic.



Manitoba is a beautiful province and an incredible home. Our communities are friendly, diverse and welcoming. Our access to nature and adventures in the great outdoors is almost limitless. And your opportunity to afford a home and build a comfortable and secure life for your family is within reach.

I see a future filled with hope and excitement for health care workers in our province. There is a place for you in Manitoba and I hope that you will join us.

— **Monika Warren** Chief Nursing Officer



Manitoba's Health Care System

Health care services are delivered by five regional health authorities, a provincial health authority and a provincial cancer authority.

Shared Health (Provincial Health Authority)

- Responsible for the delivery of a wide variety of provincial health services (diagnostics, laboratory services, emergency response services and more)
- Responsible for health services delivered at the province's largest hospital, Health Sciences Centre Winnipeg.
- These services support the care of patients from across Manitoba, northwestern Ontario and Nunavut
- ~18,000 health care workers employed

CancerCare Manitoba (Provincial Cancer Authority)

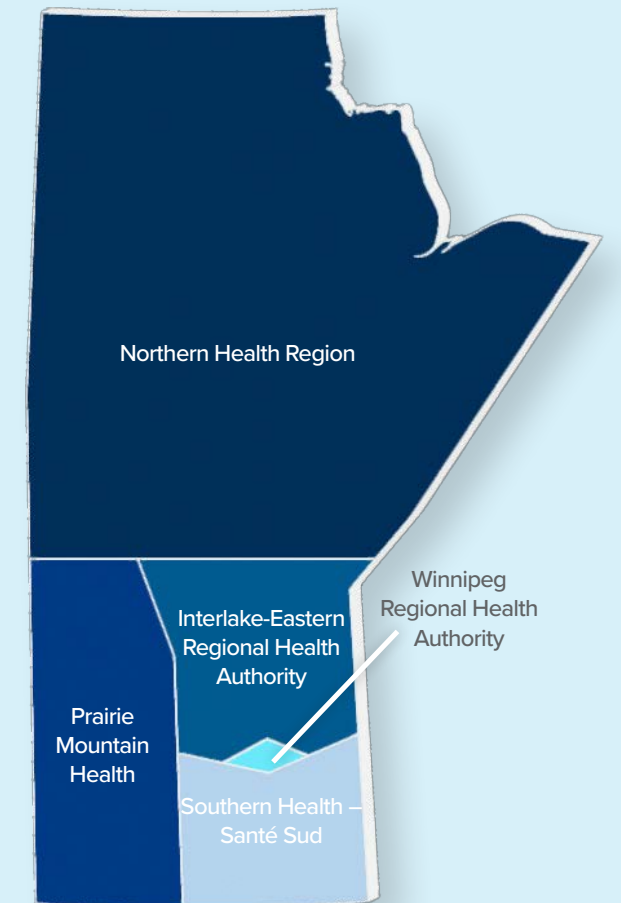
- Sets strategic priorities and long-term planning for cancer and blood disorders, as well as the delivery of clinical services for both children and adults.
- Cancer services are provided in communities across the province with most specialized cancer services delivered in Winnipeg and Brandon, Manitoba.
- ~1,000 health care workers employed

Northern Health Region

- Population: 74,175
- 396,000 square kilometers
- ~1,620 health care workers employed
- 6 hospitals, 4 long-term care facilities
- Approximately one-third of residents report speaking at least one Aboriginal language

Southern Health – Santé Sud

- Population: 216, 253
- 27,025 square kilometers
- ~6,100 health care workers employed
- 13 hospitals and 22 long-term care facilities
- Large number of Francophone communities



Interlake-Eastern Regional Health Authority

- Population: 133,800
- 61,000 square kilometers
- ~3,000 health care workers employed
- 10 hospitals, 16 long-term care facilities

Prairie Mountain Health

- Population: 164,000
- 67,000 square kilometers
- The area includes Winnipeg's second largest city of Brandon.
- ~7,500 health care workers employed
- 29 hospitals, 43 long-term care facilities

Winnipeg Regional Health Authority

- Population: 750,000
- Serves residents of the City of Winnipeg and nearby communities, as well as the northern community of Churchill
- ~14,000 health-care workers employed
- 5 hospitals, 6 health centers and 37 long-term care facilities

Manitoba, Your New Home

Located in the centre of Canada, Manitoba is one of the country's most affordable provinces.

Our communities are safe, welcoming, and multicultural. With many health care employment opportunities in supportive environments and communities that will welcome you with open arms, Manitoba will quickly feel like home.

Living in Manitoba

Manitoba is a large geographic province with diverse towns and cities, safe and secure communities, and pristine natural beauty. There are many exciting places to explore and adventures to have here; we're sure you will find the perfect community to suit your lifestyle!



Build your future, in a place that feels like home

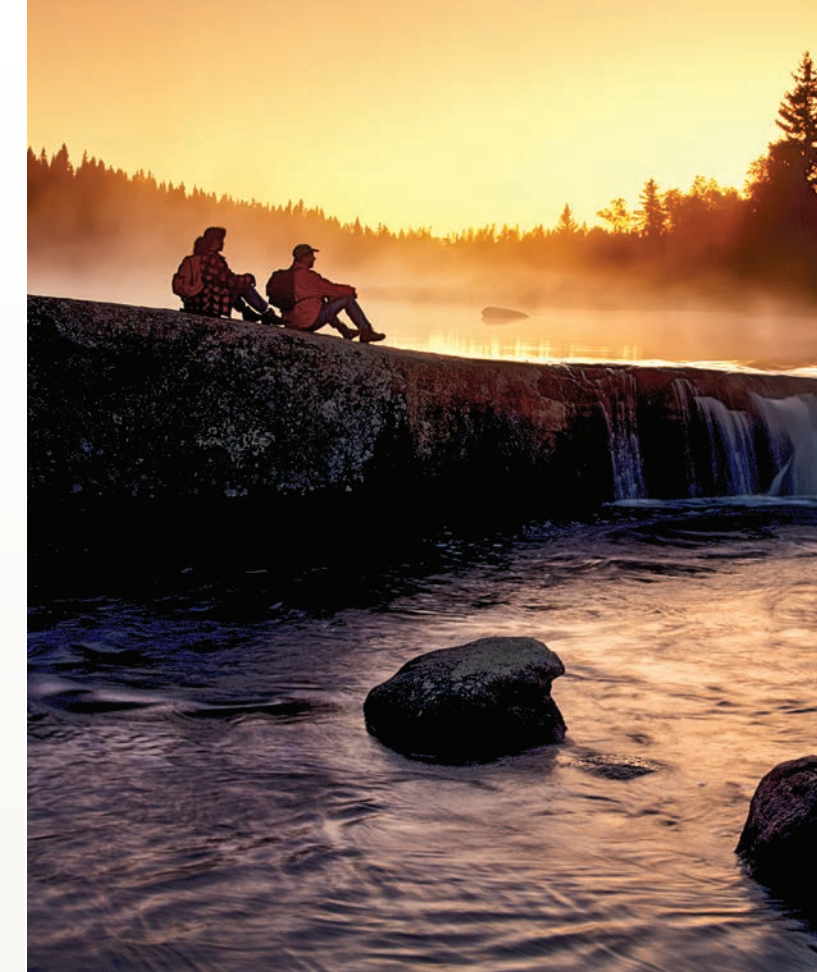
Our official languages are English and French, with growing populations who also speak Tagalog, German, and Ukrainian.

With strong multicultural representation in Manitoba's health workforce, culture, food, festivals, language and media - you're sure to feel right at home.

“As a paramedic, every day is different. You never know where a call might take you. Working in rural Manitoba, I've had the chance to see a lot of our beautiful province. I've been on many calls that have taken me down a road I would otherwise not have traveled. I'm often surprised at the beauty I see right here in Manitoba. You spend so much time with your crew that they become your second family.



— **Cody**
Paramedic
10 years of experience



A Stable and Affordable Place to Live and Grow

Manitoba has one of the most stable economies in the country, along with a skilled and educated workforce and one of the lowest unemployment rates in Canada. Here, you will experience a high standard of living, high employment rates, and an affordable cost of living.

Reasonable real estate prices in Manitoba make owning a home here more achievable than in most other provinces. Residents enjoy short commutes, no traffic jams and beaches within 60 minutes of Winnipeg's downtown.

Manitoba's Multiculturalism

Celebrate the Beautiful Cultures That Make up Manitoba

Manitoba is a multicultural province with events highlighting and plenty of the other diverse communities that call Manitoba home.

Enjoy world-class entertainment, authentic cuisine, and vivid cultural displays during Folklorama, the largest and longest-running multicultural festival of its kind in the world. You can also take in the sights, sounds, and flavours of home at one of Manitoba's many world cuisine restaurants.



Arts, Culture & Entertainment

Whether you enjoy museums, live sports, or art – Winnipeg has something for everyone.

Experience the excitement of a professional hockey game at the home of the Winnipeg Jets, check out the Winnipeg Blue Bombers (football), Valour FC (soccer), Winnipeg Sea Bears (basketball), or the Winnipeg Goldeyes (baseball).

Visit the Manitoba Museum to learn about Manitoba's rich history or the Canadian Museum for Human Rights to better understand human rights issues that affect so many.

If you enjoy spending time outdoors, you don't need to go far to experience plenty of vast greenspace. Assiniboine Park and Kildonan Park are two of Winnipeg's largest parks with walking trails, flower gardens and picnic areas.

A stop at the Assiniboine Park Zoo is a great way to spend the day, be sure to visit the Journey to Churchill Exhibit where you can see polar bears up close and personal.

Enjoy the beauty of art exhibits at the newly renovated Winnipeg Art Gallery-Qaumajuq, or attend a world-renowned Royal Winnipeg Ballet performance.



Tourism In Your Backyard

With so much to see and do, you'll enjoy exploring the many sights, sounds and tastes of Manitoba.

Explore Manitoba's abundant nature in the summer by canoeing, fishing, hiking, and camping. Embrace the winter by snowshoeing, cross-country skiing, and ice skating.



“Manitoba summers are particularly beautiful, and I enjoy every opportunity to be outdoors, hiking, exploring different trails and parks, and spending time with friends and family. Yes, Manitoba is also known for its winters but the changing seasons offer lots to do! Manitoba is the place where you can experience the northern lights, ice skate on river trails, ice fish on frozen lakes, watch hockey games, watch the sunset over the prairies, and so much more.

— Ken Borce
Internationally Educated Nurse Winnipeg, MB



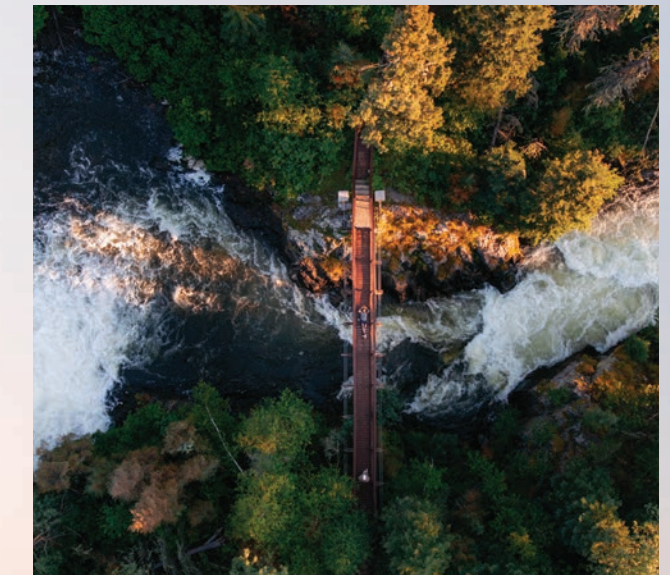
Within a short drive from Winnipeg you'll find spectacular northern lights dancing in the sky and lakes for reeling in greenback walleye, sturgeon and catfish in Lockport. Head to Whiteshell Provincial Park to walk through the centuries-old Indigenous cultural site, or head north to experience a traditional Indigenous way of life: dog sledding.



In Winnipeg, visit the polar bears at The Journey to Churchill, located at Assiniboine Park Zoo and connect with nature and get a view of Manitoba bison at Fort Whyte Alive, one of our many large urban green spaces. Visit one of our many art galleries, music and cultural festivals and museums, including the Canadian Museum for Human Rights, the largest in North America.

Manitoba's spectacular wilderness is preserved and enjoyed thanks to 92 provincial parks, 15 provincial forests, and 2 national parks – Riding Mountain National Park and Wapusk National Park.

Plus, Manitoba has two million hectares of protected landscapes and a UNESCO World Heritage Site.



Immigration Information Manitoba Provincial Nominee Program

Manitoba's Provincial Nominee Program supports workers looking to immigrate to our province and become a permanent reside of Canada.

Visit immigratemanitoba.com for more information.

STEP 1

Create Online Government of Manitoba profile and submit an Expression of Interest (EOI)

- The EOI is a questionnaire that you must complete before you can submit a complete application to the MPNP.
- EOI profiles containing a valid invitation number will be issued a Letter of Advice to Apply (LAA) during an MPNP EOI draw.

STEP 2

Submit your MPNP application

- Your LAA will provide instructions on how to submit a complete application, including all documents for you and your dependants, and how to pay the application fee.*
- You must submit your complete MPNP application within 60 days of receiving the LAA.

STEP 3

Complete applications receive full MPNP assessment

- MPNP Skilled Worker applicants are nominated or refused based on program criteria.
- Successful applicants will receive a certificate of nomination and work permit support letter.

STEP 4

Submit the work permit and completed permanent residence applications to the federal department of Immigration Refugees and Citizenship Canada (IRCC)

- As applications for permanent residence and work permits are different processes, the federal department of IRCC will assess them separately.
- Your work permit application may require an approved police clearance certificate and medical exam.

STEP 5

IRCC approves the Work Permit application

- Come to Manitoba to begin working as a temporary resident while your application for permanent residence is in process.
- Your eligible dependants may accompany you and can apply for work and study permits.

STEP 6

IRCC finalizes the Permanent Residence application and you become a Permanent Resident of Canada

Learn more



Working in Manitoba

Standard work weeks exist in Manitoba, with hours worked beyond full-time eligible for overtime pay.

Health care workers are also entitled to additional pay on statutory holidays, and in some areas, for weekends worked.

Benefits to working in Manitoba also include competitive compensation, pension plan enrollment, health and dental benefits and paid sick and vacation time.

Start your career journey today!

Visit healthcareersmanitoba.ca/international



COMPETITIVE COMPENSATION



OVERTIME PAY



FULL TIME INCENTIVES



OPPORTUNITY FOR REIMBURSED LICENSING/ CREDENTIALLING





HEALTH CAREERS 
MANITOBA.CA 
Live Here. Work Here. Grow Here.

healthcareersmanitoba.ca/international

